

DECLARE A PUBLIC HEALTH EMERGENCY!



**More people have died by
suicide since 1998 than died
as a result of the conflict.**

How can you help?

Take a photo of this tag and share on social media.

#declareanemergency | #123GP

If you or someone you know is in distress
or despair, call Lifeline **0808 808 8000**

**In 2017/18, 305 people died by suicide.
Government's suicide reduction target
will save just 6 lives per year.**

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If you or someone you know is in distress
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Write your own message of support

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